# Nucleotides may have a role in nutrition of young pigs<sup>1</sup>

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<sup>&</sup>lt;sup>1</sup> The manuscript was presented at Alltech's 20<sup>th</sup> Annual Symposium, May 24-26, 2004, Lexinton, KY, and is adapted from an article published in the proceedings from that symposium.

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## Introduction.

Research in human nutrition has demonstrated that the inclusion of nucleotides in parenteral formulas and infant milk formulas improve intestinal health and the development of the immune system in infants. In contrast, limited information about the need for nucleotides and about the role of nucleotides in the development of the immune system and the intestinal tissue in young animals exist. The objective of the present contribution is to review current knowledge of the roles and functions of nucleotides in young animal feeding.

# Nucleotide biochemistry and nomenclature.

Nucleotides are ubiquitous molecules with considerable structural diversity. They are composed of a nitrogenous base linked to a pentose sugar to which at least one phosphate group is attached (Figure 1). The pentose sugar may be a ribose for a ribonucleic acid (RNA) or a 2'-deoxyribose for a deoxyribonucleic acid (DNA). The nitrogenous base can be a purine or a pyrimidine. Pyrimidine bases are composed of six membered rings and comprise uridine, cytosine, and thymine (Table 1). Purine bases have an additional five membered ring and comprise adenine, guanine, and hypoxanthine. The phosphate group may be in a mono, di, or tri phosphate form, and is commonly esterified to the C-5' hydroxyl group of the pentose sugar (Rudolph, 1994).

When the phosphate group is absent, the compound is known as a nucleoside. A chain of nucleotides attached together via a phosphodiester linkage at the 3' and 5'

positions of neighboring ribose units are called polynucleotides or nucleic acids. Nucleic acids conjugated to proteins are called nucleoproteins.

#### Sources of nucleotides in feed

Nucleotides, particularly IMP, are mainly found in feed rich in protein (Carver and Walker, 1995). Generally, feed ingredients containing cellular elements are potential dietary sources of nucleotides in the form of nucleoproteins. Organ meats, poultry, and seafood are good sources of nucleoproteins (Kojima, 1974; Clifford and Story, 1976; Barness, 1994). Single cell proteins, bakers and brewers yeast, and yeast extract are ingredients that have a relatively high concentration of nucleotides (Maloney, 1998; Ingledew, 1999; Tibbets, 2002). Feed ingredients are not routinely analyzed for their concentrations of nucleotides, but data are available for a few ingredients (Table 2). Most commonly used feed ingredients contain relatively low amounts of nucleotides.

The nucleotide concentration in the milk of lactating mammals is species specific and the concentration of most nucleotides changes during the lactation period (Johke, 1963; Gil and Sanchez-Medina, 1981; Gil and Sanchez-Medina, 1982; Mateo et al., 2004b). Because of these species differences in milk nucleotide concentration, it is possible that the nucleotide requirement may also vary among species, but at this point there are no data available on the nucleotide requirement of animals. The demand for nucleotides increases during periods of stress and rapid growth. Therefore, the requirement may be elevated during the immediate post-weaning period of livestock species. Current research in our laboratory is addressing this hypothesis.

#### Digestion, absorption, and metabolism of nucleotides.

Dietary nucleoproteins, nucleic acids, and nucleotides need to be enzymatically hydrolyzed prior to absorption because only nucleosides, bases, and small amounts of nucleotides are absorbed. This process takes place in the small intestine. Endonucleases, phosphodiesterases, and nucleoside phosphorylase are the major enzymes involved in this process (Figure 2). These enzymes originate from the brush border epithelium (Markiewicz, 1983; Morley et al., 1987), pancreatic juice (Weickman et al., 1981), and bile (Holdsworth and Coleman, 1975).

The duodenum has the greatest absorptive capacity (Bronk and Hastewell, 1987). Under physiological conditions, nucleotides have a limited capacity to pass through the microvillous membrane of the enterocytes (Sanderson and Youping, 1994). This may be due to the absence of a nucleotide transport system. Nucleotides also have a high negatively charged phosphate group that hinders absorption. Therefore, the nucleoside form is the major vehicle for the entry of purines and pyrimidines into the enterocytes. Nucleoside transport into the enterocyte occurs by facilitated diffusion and by specific Na<sup>+</sup>-dependent carrier mediated mechanisms (Bronk and Hastewell, 1987). This is a relatively efficient process and it is believed that more than 90% of dietary nucleosides and bases are absorbed into the enterocyte (Salati et al., 1984; Uauy, 1989). From the enterocyte, partial metabolic products of dietary and endogenous nucleotides and nucleosides enter the hepatic portal vein. These molecules are carried to the hepatocytes for further metabolism. From the liver, partial metabolic products of dietary and endogenous nucleotides and nucleosides are released into the circulations and enter the muscle tissues. If these products are not reutilized for nucleotide production or not absorbed in a specific tissue, the purine and pyrimidine bases are catabolized into uric acid and β-alanine or β-aminoisobutyrate (Rudolph, 1994; Carver and Walker, 1995; Thorell et al., 1996). In avians and in primates, uric acid is excreted in the urine, but in mammals other than primates, uric acid is further catabolized into allantoin via the enzyme uricase. Allantoin is then excreted via the urine. The products of pyrimidine catabolism are β-alanine and β-aminoisobutyrate. They are further metabolized into NH<sub>3</sub>, CO<sub>2</sub>, and Acetyl CoA.

# Synthesis of nucleotides.

Humans and animals can synthesize nucleotides de novo via the De Novo Pathway provided that the required precursors are available. This process takes place in the cytocol of hepatocytes where all the enzymes for purine and pyrimidine synthesis are available. The purine IMP is synthesized from  $\alpha$ -D-ribose-5-phosphate via a process involving 11 reactions. Glutamine is the N-donor in this proces. Glycine, aspartate, and tetrahydrofolate derivatives are other precursors needed in the synthesis of IMP. Both AMP and GMP are subsequently formed from IMP via adenylosuccinate and xanthosine monophoshate, respectively (Rodwell, 2000). The precursors for pyrimidine synthesis are carbamoyl phosphate and aspartate. The pyrimidine UMP is formed in a process involving 6 reactions. A dephosphorylation of UMP yields UDP which is subsequently turned into CMP or TMP. Glutamine and N<sup>5</sup>N<sup>10</sup>-methylene-folate are needed in the synthesis of CMP and TMP, respectively (Rodwell, 2000). The de novo synthesis of both purine and pyrimidine nucleotides synthesis is a metabolically costly process requiring a significant amount of energy in the form of ATP. In addition, both reactions require glutamine.

Synthesis of a nucleotide from a nucleoside and an inorganic phosphate group is accomplished via the Salvage Pathway. The nucleosides used in the Salvage Pathway may originate from dietary sources because most dietary nucleotides are changed to nucleosides prior to absorption. The Salvage Pathway may also be used to re-synthesize nucleotides via phosphoribosylation of purines and pyrimidines formed during the catabolism of nucleotides. This pathway may spare energy and allow cells that are incapable of de novo synthesis (i. e., leukocytes, erythrocytes, bone marrow cells, intestinal mucosal cells, and lymphocytes) to maintain their nucleotide pools (Sanderson and Youping, 1994).

#### Physiological roles of nucleotides.

The concentration of ribonucleotides is relatively constant in all cells, while the concentration of deoxyribonucleotides varies with the stage of the cell cycle (Barness, 1994). Nucleotides are the building blocks for nucleic acids (DNA and RNA). However, nucleotides also have physiological roles in the body such as being a source of energy (i. e., ATP and GTP), cofactors in oxidation and reduction reactions (i. e., FAD, NAD<sup>+</sup>, and NADP<sup>+</sup>), serve as physiological regulators (i. e., cAMP and cGMP), and carry activated intermediates (i. e., UDP-glucose, CMP-sialic acid, and CDP-choline) and acyl groups (i. e., CoA). In addition, nucleotides have been shown to influence the development of the immune system, the microflora of the intestinal tract, and the integrity of the small intestine.

# Effects of nucleotides on the immune system

Dietary nucleotide supplementation has been associated with both humoral and cellular immunity, but the exact mechanism has not been elucidated. Dietary nucleotides contribute to the circulating pool of nucleosides available to stimulate leukocyte production (Kulkarni et al., 1994; Carver and Walker, 1995). Therefore, there is an elevated need for nucleotides during periods of immunological challenges.

Infants fed milk formula fortified with nucleotides had better responses to immunization as evidenced by an increase in humoral antibody response (Fanslow et al., 1988; Pickering et al., 1998) and increased cytokine production (Carver et al., 1991). Similar responses to nucleotide supplementation were reported from in vivo experiments with mice (Jyonouchi et al., 1993; Jyonouchi, 1994). Dietary supplementation of purified nucleotides to milk replacers of newborn bull calves challenged with lipopolysaccharide, resulted in calves that tended to have higher mean IgG levels compared to the unsupplemented control calves (Oliver et al., 2002). Nucleotide supplementation also increased lymphocyte stimulation to phytohaemagglutinin and concanavalin-A challenges in weanling piglets by 50 and 30%, respectively (Zomborsky-Kovacs et al., 1998). Results of these studies suggest that dietary sources of nucleotides play a role in developing, maintaining, and enhancing the immune system.

## Effects of nucleotides on intestinal microflora

Dietary nucleotides enhance intestinal absorption of iron, affect lipoprotein and long chain polyunsaturated fatty acid metabolism, have trophic effects on the intestinal mucosa and liver, and reduce the incidence of diarrhea (Cosgrove, 1998; Schlimme et al., 2000). The fecal flora of infants fed a nucleotide-supplemented commercial milk formula had a predominance of bifidobacteria (Tanaka and Mutai, 1980), while enterobacteria dominated in the fecal flora of infants fed a commercial formula without nucleotide supplementation (Uauy, 1994). These studies suggest that nucleotide supplementation may positively influence the microflora in the gastrointestinal tract which leads to a lowering of gastric pH and hinders the proliferation of pathogenic bacterial species as evidenced by a lower rate of diarrhea (Yu, 1998). Recent results from our laboratory suggest that newly weaned pigs fed a nucleotide deficient diet supplemented with nucleosides had elevated quantities of probiotic bacteria and reduced concentrations of *Cl. perfringens* compared to control pigs fed non-supplemented diets (Mateo et al., 2004a).

# Effects of nucleotides on intestinal development

Dietary nucleosides may enhance the growth and maturation of intestinal epithelial cells as evidenced by an increased formation of mucosal protein, DNA, taller villi in the small intestine and increased maltase to lactase enzyme ratio (Uauy et al., 1990; Carver, 1994). Dietary nucleotides may also stimulate enterocyte differentiation (Sanderson and Youping, 1994). Parenteral supplementation of nucleic acids supports mucosal cell proliferation and function as demonstrated by increased mucosal wet weight, protein and DNA contents, villous height, but not crypt depth, and narrower tight junctions of the jejunal mucosa width (Kishibuchi et al., 1997; Tsujinaka et al., 1999).

### Are dietary nucleotides needed in diets for weanling pigs?

The need for nucleotides is elevated during periods of rapid growth, during periods of stress, and in immuno-compromised animals. In newly weaned pigs, all of

these factors are present – therefore, it is expected that they have a high requirement for nucleotides during the immediate post-weaning period. Because nucleotide synthesis is an energy- and glutamine-requiring process and because newly weaned pigs are often deficient in both energy and glutamine, it is possible that pigs are not able to synthesize sufficient quantities of nucleotides during this period. If this is correct, dietary nucleotides would be expected to have a growth promoting and/or health enhancing effect on newly weaned pigs. In a typical starter diet for weanling pigs, the concentration of 5'CMP is close to the concentration found in the DM of sow's milk during the last half of lactation, but the concentration of 5'AMP, 5'GMP, 5'IMP, and 5'UMP is much lower than in sow's milk (Table 3). Assuming that the concentration of nucleotides in sow's milk represents the requirement of the pigs, it is easily concluded that a starter diet for young pigs is deficient in four of the five nucleotides. It may, therefore, be beneficial to add additional nucleotides to such diets. The results from in vivo as well as in vitro experiments in our laboratory indicate that nucleoside supplementation during the immediate post-weaning period may positively influence the gastrointestinal microflora by decreasing *Cl. perfringens* and increasing *L. acidophilus* and *Bifidobacterium spp.* The implication of this finding is that pigs fed diets supplemented with nucleosides may have improved intestinal health and improved performance.

## Conclusion

Nucleotides are molecules with considerable structural diversity. They are composed of a nitrogenous base linked to a pentose sugar to which at least one phosphate group is attached. Feed or food ingredients containing cellular elements are potential sources of nucleotides. Nucleotides have many important physiological, gastrointestinal, and immunological functions in the body. The exact metabolism of nucleic acids ingested by young animals is unknown. Synthesizing nucleotides de novo is metabolically costly compared to synthesis via the Salvage pathway and requires glutamine. During periods of rapid growth and development, disease challenges, injury or stress, dietary nucleotide supplementation may be beneficial because of the role of nucleotides in developing and enhancing immunity, maintaining intestinal health, and preserving energy. Diets fed to newly weaned pigs and possibly also to other young animals are deficient in nucleotides. At the same time, the intake of glutamine and energy which is required for De Novo Synthesis of nucleotides is low. Therefore, newly weaned animals are in a nucleotide dilemma because they have an elevated requirement for nucleotides, but a low intake of both nucleotides and the precursors needed to synthesize nucleotides. Future research is needed to elucidate if dietary supplementation with nucleotides or nucleosides can enable young animals to overcome this dilemma.

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Base	Product:	Nucleoside	Ribo-	Deoxyribo-	Diphosphate	Triphosphate
			nucleotide <sup>a</sup>	nucleotide <sup>b</sup>	nucleotide <sup>c</sup>	nucleotide <sup>d</sup>
Purine	S					
Adenine		Adenosine	AMP	dAMP	ADP/ dADP	ATP/ dATP
Guanine		Guanosine	GMP	dGMP	GDP/ dGDP	GTP/ dGTP
Нурс	oxanthine	Inosine	IMP	-	-	-
Pyrim	idines					
Cytosine		Cytidine	СМР	dCMP	CDP/ dCDP	CTP/ dCTP
Urac	il	Uridine	UMP	dUMP	UDP/ dUDP	UTP
Thymine		Thymidine		dTMP	dTDP	dTTP

 Table 1.
 Nucleotide nomenclature

<sup>a</sup>AMP = adenosine 5'-monophosphate; GMP = guanosine 5'-monophosphate; IMP = inosine 5'-monophosphate; CMP = cytidine 5'-monophosphate; UMP = uridine 5'-monophosphate

<sup>b</sup>dAMP = deoxyadenosine 5'-monophosphate; dGMP = deoxyguanosine 5'monophosphate; dCMP = deoxycytidine 5'-monophosphate; dUMP = deoxyuridine 5'monophosphate; dTMP = deoxythymidine 5'-monophosphate

<sup>c</sup>ADP = adenosine 5'-diphosphate; dADP = deoxyadenosine 5'-diphosphate; GDP = guanosine 5'-diphosphate; dGDP = deoxyguanosine 5'-diphosphate; CDP = cytidine 5'-diphosphate; dCDP = deoxycytidine 5'-diphosphate; UDP = uridine 5'-diphosphate; dUDP = deoxyuridine 5'-diphosphate; dTDP = deoxythymidine 5'diphosphate <sup>d</sup>ATP = adenosine 5'-triphosphate; dATP = deoxyadenosine 5'-triphosphate; GTP = guanosine 5'-triphosphate; dGTP = deoxyguanosine 5'-triphosphate; CTP = cytidine 5'-triphosphate; dCTP = deoxycytidine 5'-triphosphate; UTP = uridine 5'-triphosphate; dTTP = deoxythymidine 5'-triphosphate

		Nucleotide (mg/g)				
Ingredient Nucle	eotide:	5'CMP	5'AMP	5'GMP	5'UMP	5'IMP
Barley		0.002	0.001	0.001	0.000	0.001
Casein		0.001	0.000	0.000	0.000	0.000
Corn		0.003	0.002	0.003	0.000	0.001
Fish meal		0.026	0.011	0.002	0.001	0.035
Naked oats		0.003	0.003	0.003	0.001	0.001
Plasma		0.002	0.002	0.002	0.000	0.001
Protein plasma, spray dried		0.016	0.008	0.003	0.009	0.002
Red blood cells, spray dried		0.000	0.044	0.003	0.002	0.006
Soybean meal, 44 %		0.016	0.008	0.003	0.009	0.002
Whey, dried		0.270	0.019	0.000	0.001	0.004

 Table 2. Nucleotide concentration in some commonly used feed ingredients (as is basis)<sup>a</sup>

<sup>a</sup> Data from Mateo et al. (2004a).

		Nucleotide (ppm)					
Item	Nucleotide:	СМР	AMP	GMP	UMP	IMP	
Total in starter diet <sup>b</sup>		58.99	6.46	2.03	1.00	4.33	
Sows milk <sup>c</sup>		56.00	117.50	185.5	2334.50	23.5	
Difference		2.99	-111.04	-183.47	-2333.50	-19.17	
Difference		2.99	-111.04	-183.4/	-2353.30	-1	

Table 3. Calculated nucleotide concentration of a starter diet for weanling pigs<sup>a</sup>

<sup>a</sup> Adapted from Mateo et al. (2004a).

<sup>b</sup> Diet formulated to contain the following feed ingredients: Corn, 49.32%; Whey

powder, 20%, Soybean meal, 8%; Fish meal, 8%; spray dried protein plasma, 7.5%,

vitamins, minerals, oil, and crystalline amino acids, 7.18%.

<sup>c</sup> Data from Mateo et al. (2004b).

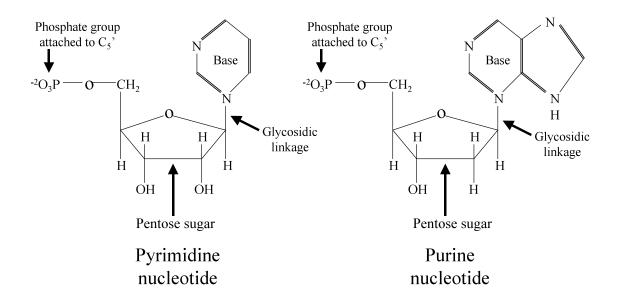


Figure 1. Structure of a nucleotide. C = carbon atom, H = hydrogen atom, O = oxygen atom, and N = nitrogen atom.

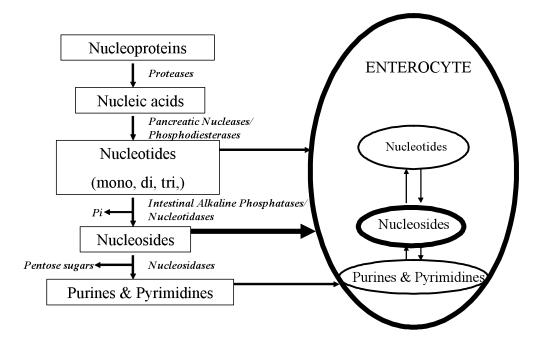


Figure 2. Digestion and absorption of nucleic acids and their related products. Adapted from Quan and Uauy, 1991